



MOON MEMBERSHIP

WITH KIRSTEN LEO | INTUITIVE MENTOR



NEW MOON

IN LEO

July, 2025



The New Moon in Leo is a potent portal of renewal, inviting you to come home to your heart and courageously step into your fullest self-expression. As the Moon and Sun meet in the sign of Leo, we enter the darkest part of the lunar cycle — a space of inner stillness where new beginnings are seeded not from logic, but from the deep truth of the heart.

This New Moon is uniquely aligned with Leo's core themes: radiance, sovereignty, creativity, self-leadership, and bold expression. It reminds us that our desires are not frivolous — they are sacred. Leo teaches us that shining isn't arrogance, it's responsibility. When we live in our joy, express our authentic selves, and honour what lights us up, we elevate not only our own lives, but the world around us.

A key energetic thread within this lunation is the alignment between the solar plexus and heart chakras. The solar plexus governs personal will — our drive, confidence, boundaries and ability to act — while the heart connects us to divine will — our soul truth, emotional intelligence and intuitive knowing. When these two centres are in harmony, we live and lead with authenticity. The heart becomes the guide, and the solar plexus takes aligned action to bring our desires to life.

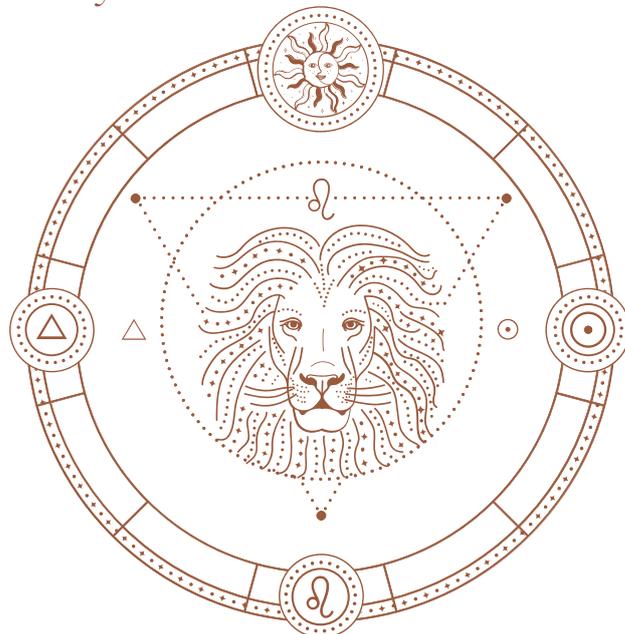




When misaligned, we may feel stuck between knowing what we want and feeling too afraid or unworthy to pursue it. We may find ourselves pushing from the mind or ego rather than flowing from the heart. This Leo New Moon offers the energetic recalibration we need to return to coherence — a state where our thoughts, actions, and emotions are aligned with soul truth.

Astrologically, this New Moon is amplified by rare and significant planetary support. Six planets — Pluto, Saturn, Neptune, Uranus, the Sun, and the Moon — are all sitting between 0 and 2 degrees of their signs. This speaks to powerful new beginnings across multiple layers of life and energy. It is an invitation to step boldly into a new chapter, led by authenticity rather than fear.

A powerful opposition to Pluto may stir up intensity, revealing where we've been operating out of fear, control, or inauthentic patterns. But this tension is also a gift — it shows us clearly what's no longer aligned so we can release it and rise into deeper truth. Pluto helps burn away the false so that what's real can flourish.





A harmonious sextile to Uranus brings in fresh inspiration, innovation, and breakthrough thinking. It supports unexpected pathways and encourages us to embrace new ideas and bold expressions of who we are. This is not a time to play small or stay in your comfort zone — it's a time to follow the sparks of creativity and intuition that feel alive, even if they lead into unknown territory.

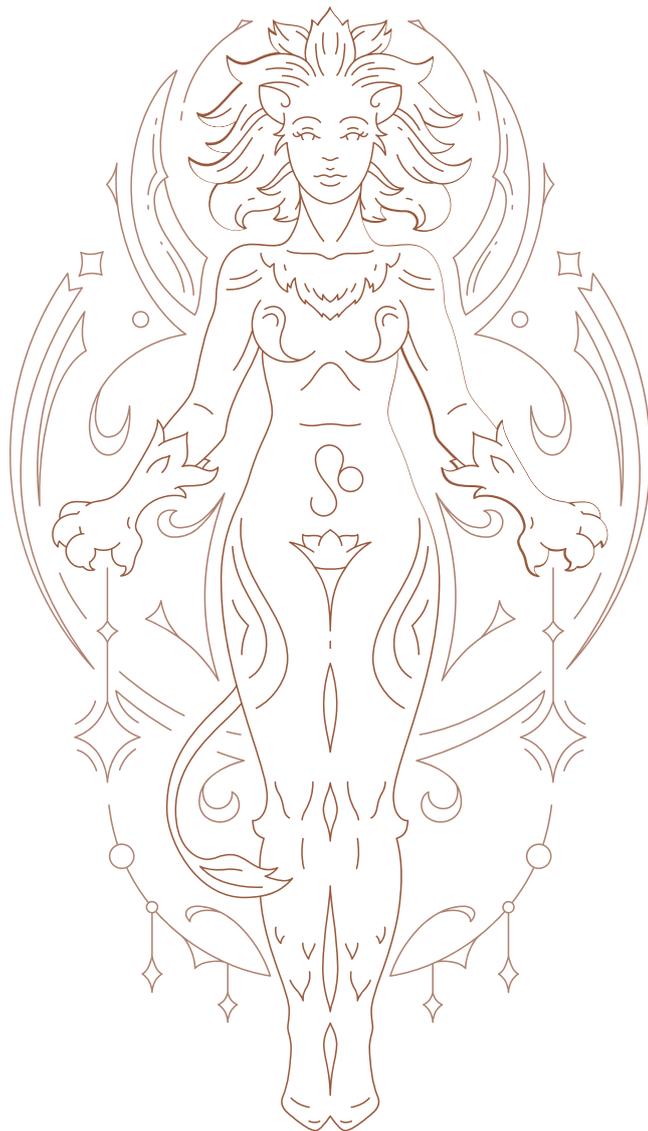
Finally, a beautiful trine to Saturn and Neptune brings grounding and vision together. Saturn offers structure, long-term thinking and discipline, while Neptune delivers inspiration, imagination, and soul-level dreaming. When these energies are in harmony, as they are now, we are supported in taking real-world steps toward the visions held in our hearts.

This New Moon is not about wishful thinking — it's about energetic alignment. It's about listening to the voice of your heart, setting clear intentions, and embodying the version of yourself who is already living that truth. With support from the Moon Membership tools — the heart-activating meditation, reflective journal prompts, powerful affirmations, and ritual guide — you are invited to create spaciousness, clarity, and conscious momentum.



Let this Leo New Moon be your reminder: you are allowed to take up space. You are allowed to shine. You are allowed to want more, and to lead your life from love instead of fear.

This is a beginning unlike others — not driven by urgency, but by radiant self-knowing. The world doesn't need a smaller, safer version of you. It needs your joy, your truth, your creative fire, and your willingness to live unapologetically from your heart.





NEW MOON IN LEO

JOURNAL PROMPTS

Bold New Beginnings

What is my heart asking for right now, and how can I honour it more fully?

What Needs To Be Released and Transformed?

Where in my life am I playing small or dimming my light to stay safe?

Innovative and Inspired Self-Expression

What does the most radiant, confident version of me desire to create?

Dreams Into Reality

If I were leading from pure joy and self-trust, what would I choose next?



NEW MOON IN LEO

AFFIRMATIONS

I lead with love, courage and truth from the centre of my heart.

My light is powerful, magnetic and needed in this world.

I trust my desires and honour the wisdom of my heart.

I radiate confidence, play and purpose with ease and grace.

I express myself freely and boldly, without apology.

I am the architect of my dreams, and I bring them to life with inspired action.

My presence is a gift, and I share it with generosity and pride.